

TOPIC: PIONEERS OF HEALTH EDUCATION IN NIGERIA

BRIEF ;NOTE

C.O UDOH; Professor Christopher Ufuonye hails from Eboynyi state Nigeria. He attended Loughborough College where he obtained his Bachelor of science and masters of Arts in physical and health Education in the United states of America. After his studies he came back to Nigeria and served as an instructor of physical and health Education in some institutions of learning. He is a pioneer of Nigeria Schools health Association and has served in various positions in the association. He retired as Dean of the faculty of Education, University of Ibadan. He served as Editor in Chief, Nigeria School of Health Journal when he was in the University of Ibadan. In 1978 C.O Udoh published a book on mental and mental Health which is an eye opener on the importance of mental and social health to both the individual and society at large. Through joint research with Fawole, Ajala, Okafor and Nwana in 1987 it was agreed that health education is an integral part of the curriculum at all levels and also an integral component of the community based health programme.

2. J.A Ajala; Professor James Aboderin Ajala was born in Southern Nigeria and attended College of Education and obtained National Certificate in Education in physical and health Education after which he proceeded to the United States of America where he obtained a Bachelor of science, master of Education and doctorate degree in education specialized in Health Education and later on he obtained a master of philosophy.

He has been involved in the promotion of health education in NIGERIA. He has served the country in various capacities as a consultant on Health on Health Education for the World Health Organisation.

- a. Health Education for Nursery schools; An easy to use pupils textbook in 1971
- b. Understanding food and nutrition; you are what you eat published in 2006.
- c. The Relationship of Health Topic Importance Levels, as perceived by students, health educators and administrators, to curriculum developments in Nigeria in 1981.
- d. Health Education in wellness and sickness. He is also a lecturer at the faculty of Education

O.C. Nwana; Professor Emeritus O.C. Nwana 1985 is a member of the Board of trustees, NIGERIA Academy of education and hails from Arondizuogu in Abia state of Trustees, Nigeria. She is the programme Leader of the MEDICO SURGICAL NURSING[MSN] National Open University of Nigeria. The aim is to provide the necessary knowledge of the arts and science of Adult medico, surgical nursing and the therapeutic skills needed for the effective management of systematic disorders of the body. She is an accomplished educationist, a teacher of teachers, author of many books and a tireless contributor to education policy in Nigeria. She was the consulting editor of Nigeria JOURNAL OF health EDUCATION Volume 13 NO 1 2005 WHILE at National open University of Nigeria Nkede Centre Owerri.